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Date: 23rd November 2020

Dear Parents,

This term, we will be teaching the Sex Education part of our Relationships, Sex and Health Education curriculum. We will be using the Christopher Winter Sex and Relationships project materials to deliver this teaching. This was due to be taught in Summer 2020, therefore, below are the learning outcomes for this unit of teaching in Year One:

- Know how to keep clean and look after oneself.
- Understand that babies become children and then adults.
- Know the differences between boy and girl babies.
- Know there are different types of families.
- Know which people we can ask for help.

Here are some websites that provide support for parents talking about Sex Education at home:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/>

<https://www.fpa.org.uk/relationships-and-sex-education/parents-and-carers>

[https://www.bbc.co.uk/teach/relationships-and-sex-education-\(RSE\)-teaching-resources/z4pp7nb](https://www.bbc.co.uk/teach/relationships-and-sex-education-(RSE)-teaching-resources/z4pp7nb)

If you have any questions or concerns, please feel free to contact your class teacher or Mrs Young our PSHE lead.

Yours sincerely,

Miss Wiltshire and Miss Thompson

