



Acting Head of School Mrs Harriet Phillips
Executive Head Teacher Mrs Lyssy Bolton
Telephone 01225 768641
email office@castlemead.wilts.sch.uk
 @CastleMeadSch

Date: 20th November 2020

Dear Parents,

This term, we will be teaching the Sex Education part of our Relationships, Sex and Health Education curriculum. We will be using the Christopher Winter Sex and Relationships project materials to deliver this teaching. This was due to be taught in Summer 2020, therefore, below are the learning outcomes for this unit of teaching in Year Five:

- Explain the main physical and emotional changes that happen during puberty.
- Ask questions about puberty with confidence.
- Understand how puberty affects the reproductive organs.
- Describe how to manage physical and emotional changes.
- Explain how to keep clean during puberty.
- Explain how emotions change during puberty.
- Know how to get support and help during puberty.

Here are some websites that provide support for parents talking about Sex Education at home:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/>

<https://www.fpa.org.uk/relationships-and-sex-education/parents-and-carers>

[https://www.bbc.co.uk/teach/relationships-and-sex-education-\(RSE\)-teaching-resources/z4pp7nb](https://www.bbc.co.uk/teach/relationships-and-sex-education-(RSE)-teaching-resources/z4pp7nb)

If you have any questions or concerns, please feel free to contact your class teacher

Yours sincerely,

Mrs Young

