

THE MEAD ACADEMY TRUST - FOOD ALLERGEN ADVICE NOTE

Term 6 2021 - WEEK 1,4,7													
Menu Item/Allergen	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Molluscs
Macaroni cheese	x						x						
Summer vegetable Risotto									X				
Summer Fruit Crumble/yoghurt	X						X						
Sweet and Sour Chicken and Rice									X				
Jacket Potato with Beans													
Med Vegetable PASTA bake	X								X				
Beef Pie	X						X		X				
Banana Flapjacks	X												
Lentil Burger	X		X										
Chocolate Brownie	X		X										
Pork Sausage Pasta Bake	X								X				
A selection of ice cream	X		X				X						
Homemade Cheese and Tomato Pizza	X						X						
Vegetarian Hot dog	X		X				X						
Fresh Fruit Salad													

THE MEAD ACADEMY TRUST - FOOD ALLERGEN ADVICE NOTE

TERM 6 2021 WEEK 2, 5	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Molluscs
Menu Item/Allergen													
Penne Arrabiata	X												
Cheese and Onion Pasty	X						X						
ICED Lemon Cake	X		X										
Mild Chicken Curry/Rice	X								X				
Jacket Potato /Beans													
Chocolate Oat cookie	X												
<i>Cheese and Tomato Pizza</i>	X												
<i>Sweet Potato and Lentil Curry/Rice</i>													
Summer Fruit Salad													
Beef Bolognese	X								X				
Quorn Bolognese	X		X						X				
Treacle Cornflake Tart	X												
Breaded Fish/Chips	X			X									
Cauliflower/Broccoli Cheese	X						X						
Melon													

THE MEAD ACADEMY TRUST - FOOD ALLERGEN ADVICE NOTE

TERM 6 2021 WEEK 3,6													
Menu Item/Allergen	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Molluscs
Tuna Pasta Bake	X			X									
Chicken and Sweetcorn Fricassee/Rice	X						X		X				
Veg and Bean Chilli/Rice									X				
Melon													
Dorset Apple cake	X		X										
Beef Lasagne	X						X		X				
Selection of Ice Cream							X						
Tom and Basil Pasta	X								X				
Homemade Cheese and Tomato Pizza	X						X		X				
BEANBURGER	X		X										
Fruit Salad													
Fish Fingers/Chips	X			X									
Spanish Omelette			X										
Shortbread	X												