

## After School Club Menu Term 2 Winter 2021



The menu works on a 3 week cycle and provides a light evening meal in line with school food standards.

### Week 1, 4 & 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet bar /Wraps	Vegetable Rice	Jacket Potato with Beans	Meaty pasta Bake	Cheese and TomatoPizza
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

### Week 2, 5 & 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet Bar and Wraps	Tomato pasta	Jacket Potato with Baked Beans	Cheese and onion rolls And Salad	Vegetable Pasta Bake
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

### Week 3 & 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Buffet Bar/Wraps</b>	Cheesy pasta	Spaghetti Hoops on Toast	Homemade vegetable Soup and Crusty Bread	Cheese and Tomato Pizza
<b>Fresh Fruit</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

*If children do not like the menu choice on then a sandwich with cheese or ham and salad will be always be provided as an alternative.*

<b>Medical Conditions / dietary needs / additional needs:</b>	
<b>Is medication required:</b>	<b>YES</b> <span style="margin-left: 150px;"><b>NO</b></span>
<b>If so, please give details &amp; complete an 'Authorisation to Administer Medication' form at the office:</b>	
<b>Emergency contact details (Name &amp; Number)</b>	

### Activities for both Before and After School Care may include:

- Multi-sports including: Dodgeball, Basketball, Football, Hockey etc
- Playground games, team building
- Book / colouring corner, Arts & crafts, Play dough
- Use of laptops. Children are welcome to bring their home learning, spellings, number bonds, multiplication tables or reading to practice during the session.