

After School Club Menu Term 1 Autumn 2022



The menu works on a 3 week cycle and provides a light evening meal in line with school food standards.

Please note the menu is subject to change if menu items are unavailable

Week 1, 4 & 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet bar /Wraps	Vegetable Paella	Vegetable Soup	Cheese and Tomato pizza & salad	Spaghetti Hoops on Toast
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

Week 2, 5 & 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet Bar and Wraps	Vegetable Pasta	Jacket Potato with Cheese	Hot Dogs/Salad	Cheese and Tomato Pizza/Salad
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

Week 3 & 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet Bar/Wraps	Tomato Pasta	Jacket Potato and Cheese	Meaty pasta Bake	Beans on Toast
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

If children do not like the menu choice on then a sandwich with cheese or ham and salad will be always be provided as an alternative.

Medical Conditions / dietary needs / additional needs:
Is medication required: YES NO
If so, please give details & complete an 'Authorisation to Administer Medication' form at the office:
Emergency contact details (Name & Number)

Activities for both Before and After School Care may include:

- Multi-sports including: Dodgeball, Basketball, Football, Hockey etc
- Playground games, team building
- Book / colouring corner, Arts & crafts, Play dough
- Use of laptops. Children are welcome to bring their home learning, spellings, number bonds, multiplication tables or reading to practice during the session.