

## After School Club Menu Term 2 Autumn 2022



The menu works on a 3 week cycle and provides a light evening meal in line with school food standards.

Please note the menu is subject to change if menu items are unavailable

### Week 1, 4 & 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet bar /Wraps	Vegetable Paella	Vegetable Soup	Cheese and Tomato pizza & salad	Spaghetti Hoops on Toast
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

### Week 2, 5 & 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet Bar and Wraps	Vegetable Pasta	Jacket Potato with Cheese	Hot Dogs/Salad	Cheese and Tomato Pizza/Salad
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

### Week 3 & 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Buffet Bar/Wraps</b>	Tomato Pasta	Jacket Potato and Cheese	Meaty pasta Bake	Beans on Toast
<b>Fresh Fruit</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

*If children do not like the menu choice on then a sandwich with cheese or ham and salad will be always be provided as an alternative.*

<b>Medical Conditions / dietary needs / additional needs:</b>	
<b>Is medication required:</b>	<b>YES</b> <b>NO</b>
<b>If so, please give details &amp; complete an 'Authorisation to Administer Medication' form at the office:</b>	
<b>Emergency contact details (Name &amp; Number)</b>	

### Activities for both Before and After School Care may include:

- Multi-sports including: Dodgeball, Basketball, Football, Hockey etc
- Playground games, team building
- Book / colouring corner, Arts & crafts, Play dough
- Use of laptops. Children are welcome to bring their home learning, spellings, number bonds, multiplication tables or reading to practice during the session.