

After School Club Menu Term 5 Spring 2023



The menu works on a 3 week cycle and provides a light evening meal in line with school food standards.

Please note the menu is subject to change if menu items are unavailable

Week 1, 4 & 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet bar /Wraps	Tomato Pasta Bake	Spaghetti Hoops on Toast	Vegetarian Hot dogs with Baked Beans	Cheese and Tomato Pizza /Salad
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

Week 2, 5 & 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet Bar and Wraps	Macaroni Cheese	Jacket Potato with Baked Beans	Meaty Pasta Bake	Omelette with chips
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

Week 3 & 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet Bar/Wraps	Vegetable Rice	Baked Beans and Toast	Jacket Potato with Cheese	Cauliflower Cheese /Salad
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

If children do not like the menu choice on then a sandwich with cheese or ham and salad will be always be provided as an alternative.

Medical Conditions / dietary needs / additional needs:	
Is medication required:	YES NO
If so, please give details & complete an 'Authorisation to Administer Medication' form at the office:	
Emergency contact details (Name & Number)	

Activities for both Before and After School Care may include:

- Multi-sports including: Dodgeball, Basketball, Football, Hockey etc
- Playground games, team building
- Book / colouring corner, Arts & crafts, Play dough
- Use of laptops. Children are welcome to bring their home learning, spellings, number bonds, multiplication tables or reading to practice during the session.