## After School Club Menu Term 6 Summer 2023



The menu works on a 3 week cycle and provides a light evening meal in line with school food standards.

Please note the menu is subject to change if menu items are unavailable

### Week 1, 4 & 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet bar /Wraps	Beans on Toast	Macaroni Bake	Jacket Potato with Cheese	Cheese and Tomato Pizza /Salad
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

## Week 2, 5 & 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Tomato pasta			Omelette with chips
Buffet Bar and Wraps		Jacket Potato with	Spaghetti Hoops on	
		Baked Beans	Toast	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

### Week 3 & 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffet Bar/Wraps	Vegetable Rice	Meaty pasta Bake	Cheese and Tomato	Cauliflower Cheese
			Pizza	/Salad
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

If children do not like the menu choice on then a sandwich with cheese or ham and salad will be always be provided as an alternative.

Medical Conditions / dietary r	needs / additional nee	ds:	
Is medication required:	YES	NO	
If so, please give details & co office:	mplete an 'Authorisat	tion to Administer Medication	form at the
Emergency contact details (N	lame & Number)		

# Activities for both Before and After School Care may include:

- · Multi-sports including: Dodgeball, Basketball, Football, Hockey etc
- Playground games, team building
- Book / colouring corner, Arts & crafts, Play dough
- Use of laptops. Children are welcome to bring their home learning, spellings, number bonds, multiplication tables or reading to practice during the session.