



Year 2 & 3 Resource Base Bats Curriculum Information Term 3, 2023-24



The project this term is called **How do I look after my body as it grows?**

What we will learn

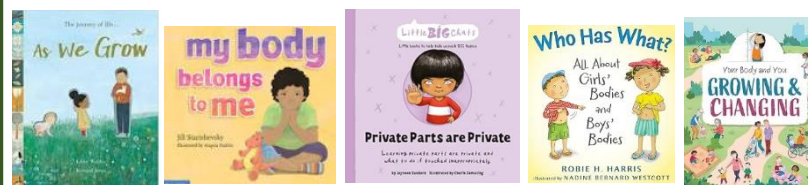
This term the children will be embarking on a primarily Sex Education based project. In order to deliver the content required for each year group, the children will be grouped depending on age this term. This may mean that your child accesses project sessions taught by a different Resource Base teacher (rather than their class teacher). This term, Reception aged children & Year 1's will be taught by Mrs Brotherton, Year 2's and Year 3's will be taught by Miss Attree, and Year 4's and 5's will be taught by Ms Mills.

Year 2's will be learning about different stages of growth, drawing upon their knowledge from last year's project 'How have I changed?', before introducing important concepts such as privacy (private places and private parts of the body), and consent. They will learn about personal space and boundaries, as well as the importance of respecting other people's boundaries. They will begin to explore complicated feelings such as discomfort, and will be taught the importance of telling grown-ups they trust about any uncomfortable feelings or experiences.

Year 3's will cover all of the content above but will build on it by focusing specifically on changes that occur to the body during puberty. They will learn that puberty is a normal part of growing up, and will understand that everybody goes through physical and emotional changes during this process. Specifically, the children will be taught about hair growth in private areas of the body, an increase in perspiration, and hormonal changes that might make them feel more emotional or irritable than usual. They will not be taught explicitly about periods or wet dreams at this stage, but will be taught how to care for their body with products such as deodorant.

By the end of the project, we want for all of the children to fundamentally understand that their body is their own, and that there are private parts of the body which are to be kept private. We want them to develop a secure understanding of who they can allow to see their private parts (Doctors, Nurses, and parents), and of what to do and who to talk to when they feel uncomfortable.

The books we will be reading to support our understanding include:



This term, due to the nature of the project-related content, there are unlikely to be any appropriate off-site trip opportunities that will contribute to the learning intent.

That said, there will be a heavy focus on the NSPCC PANTS programme, and the teaching team are currently exploring whether a representative can visit the children in school to offer a consent-based session or memorable experience.



Project related vocabulary

Nouns: nipples, penis, vulva, vagina, testicles, personal space, rights, unwanted touch, male, female, hygiene, puberty, genitals, yes, no

Verbs: to care for, to wash, to respect, to stop, to touch, to feel

Adjectives: different, similar, appropriate, inappropriate, private, healthy, safe, comfortable, uncomfortable, close

Prepositions: inside, out of

Pronouns: you, me, I, my, your



To support your child with this project at home, you could:

- Look at photos of your child at various stages in their development together and talk about what they could/couldn't do at each stage.
- Read and share stories that lend themselves to discussions about privacy, boundaries and/or personal space. Look at the illustrations together and talk about how it feels to be uncomfortable.
- Watch and share the NSPCC Pantosaurus video/song with your child at home; <https://video.link/w/vl6571a369930d0#>
- Provide opportunities for your child to make choices about their body e.g. "do you want to hug Nanny goodbye or would you just like to wave?"
- Practise keeping 'pants on' when the children are not in not-private places even at home.