

		Menu - Autumn Menu Term 1 - 01.09.26 to 16.10.26		
		Week One	Week Two	Week Three
		wc 1st Sept, 21st Sept, 12th Oct	wc 7th Sept, 28th Sept	wc 14th Sept & 5th Oct
		1st September is an inset day		
Monday	Main Meal	Macaroni Cheese	Tomato and Tuna Penne Pasta	Hidden Vegetable Pasta
	Non Meat Meal	Autumn Vegetable Risotto	Cauliflower Cheese	Whole Wheat Cheese and Tomato Quiche
	Jacket Potato Bar	Jacket Potato with Various Fillings	Jacket Potato with Various Fillings	Jacket Potato with Various Fillings
	Dessert	Apple and Blackberry Crumble and Custard	Iced Lemon Cake	Blueberry Sponge
Tuesday	Main Meal	Mild Chicken Curry with Brown Rice	Beef Bolognese with Whole Wheat Pasta	Chicken Paprika with Brown Rice
	Non Meat Meal	Quorn Curry with Brown Rice	Lentil Bolognese with Whole Wheat Pasta	Vegetable and Bean Chilli with Rice
	Jacket Potato Bar	Jacket Potato with Various Fillings	Jacket Potato with Various Fillings	Jacket Potato with Various Fillings
	Dessert	Vanilla sponge	Chocolate Sponge with Chocolate Sauce	Zimbabwe Candy Cakes
Wednesday	Main Meal	Autumn Beef Cobbler with Seasonal Vegetables	Homemade Cheese and Tomato Pizza	Beef Lasagne
	Non Meat Meal	Cheese and Tomato Pinwheels	Falafel with Salad and Pitta Bread	Quorn Mince Lasagne
	Jacket Potato Bar	Jacket Potato with Various Fillings	Jacket Potato with Various Fillings	Jacket Potato with Various Fillings
	Dessert	Apple Flapjacks	Fresh Fruit salad	Fresh Melon
Thursday	Main Meal	Vegetarian Sausage Pasta	Pork Sausage Roast Dinner	Homemade Cheese and Vegetable Pizza
	Non Meat Meal	Cauliflower and Potato Curry with Brown Rice	Quorn Sausage Roast Dinner	Bean Burger in a Bun with Salad
	Jacket Potato Bar	Jacket Potato with Various Fillings	Jacket Potato with Various Fillings	Jacket Potato with Various Fillings
	Dessert	Fresh Fruit Salad	Spiced Shortbread	Various Ice Cream
Friday	Main Meal	Breaded Fish with oven Chips	Chicken Goujons with Potato Wedges	Breaded Fish Finger & Oven Chips
	Non Meat Meal	Red Pepper Frittata with Oven Chips	Veggie Nuggets with Potato Wedges	Vegetable and Bean Enchillada
	Jacket Potato Bar	Jacket Potato with Various Fillings	Jacket Potato with Various Fillings	Jacket Potato with Various Fillings
	Dessert	Chocolate Shortbread	Fresh Melon	Friday Fruit
 Dairy Free		 		
 Gluten Free				
 Contains Fish				